

## Spokane Authors & Self-Publishers Member Web-Page



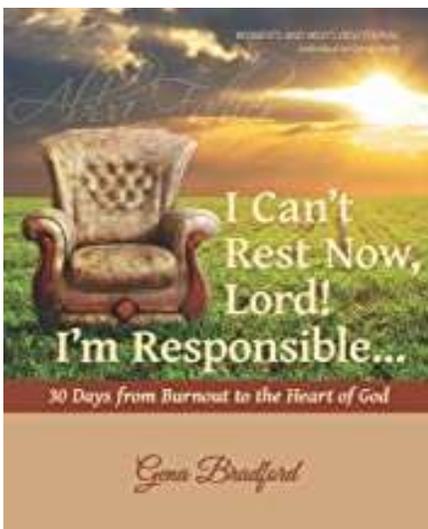
Gena Bradford

Gena Bradford writes for the inspirational market, with work appearing in magazines and anthologies. She retired from a teaching career in public education and speaks at conferences, retreats, and women's events. Gena leads Christian themed women's study groups and enjoys teaching writing classes. She is married to Jack Bradford and lives in Spokane, Washington.

Visit Gena's web-site at: [www.genabradford.com](http://www.genabradford.com)

*Continue below for information about Gena's book.  
(Includes Amazon™/Kindle™ ASIN codes)*

### **I Can't Rest Now, Lord! I'm Responsible...** 1072677067



Through the devotional pages of *I Can't Rest Now, Lord! I'm Responsible...* Gena Bradford shares 30 vibrant, life-changing lessons, helping women and men to come into God's rest and to avoid burnout, amid the relentless challenges of working and living. Learn to no longer feel responsible for everything—only responsive to the loving gentle leading of the Holy Spirit. Gena shares her journey from burnout to rest with heart-warming transparency, candor, and humor, but provides her readers with specific keys and wise biblical instruction on their journey to wholeness. This life-changing book is for individual or group study. Come learn how to be free from the heart messages that won't let you rest. Come into the Father's

arms. You are His beloved child, and Jesus will give you rest. This study includes: inspirational daily stories of transformation and revelation, “restercise” activities, journaling questions and prompts, group and individual study questions for going deeper, scripture focus, wisdom quotes, and strategies for refilling a burned-out life. Plan to feel unconditionally loved by God, encouraged, and ready to enter the rest God always planned for you. Take away the truth that only God is responsible for everything. Your joyful part is to be responsive to the light and easy yoke offered to you by Jesus. Rediscover play and a light heart no matter your age. If you are tired, this book is for you. This book can be read in 30+ days, or in a 6 or 8-week format with other participants. A leader’s guide is included, along with great love from the author.



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