

# A Journey to Independence

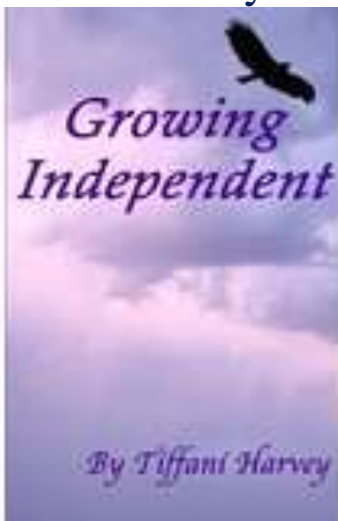
By Tiffani Harvey



... is meant to help people who are trying to make their own choices in life. The author tells her own life story in the hope that the readers will learn how to make their own choices. The suggestions and questions throughout this book are guidelines to help people with disabilities know what kinds of questions they should ask before making a choice.

# Growing Independent

By Tiffani Harvey



...is a workbook which can be used with A Journey to Independence. It is also a stand-alone book in the format of questions and answers. Growing Independent takes the reader on an in-depth journey to discover their everyday life and life skills. Each question makes a person really think about their life and why and how they are living it. Targeted especially for people who have disabilities, young people, and victims of violence, Growing Independent is a life guide for anyone who chooses to read and implement it.